

### Cultural Competency and Communication in the Healthcare Sector

KATE AGAR NOVEMBER 23, 2024

### **AGENDA**

- Communication as a Tool to Access the Healthcare Job Market
- Communication Culture in the Healthcare Sector
- Managing Healthcare Interactions Professionally

Communication as a Tool to Access the Healthcare Job Market



Understanding the Healthcare Job Market



#### **Effective Communication in Job Search**

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**Navigating Interviews** 



**Networking Strategies** 

### **Understanding the Healthcare Job Market**

**Total Number:** In 2021, there were approximately **259,695** internationally educated health care professionals (IEHPs) aged 18 to 64 in Canada, making up 13% of Canadians in the same age group with postsecondary education in a health field.

**Language Proficiency:** Most IEHPs (98%) could speak at least one of Canada's official languages, with a majority proficient in English. Quebec had a higher proportion of IEHPs with French as their mother tongue.

**Educational Background:** Over one-third of IEHPs had a bachelor's degree, and about one-fifth had a degree in medicine, dentistry, or optometry.

**Fields of Study:** About one-third of IEHPs studied nursing, followed by those trained to be physicians, pharmacists, and dentists.

Statistics Canada: Internationally educated health care professionals in Canada: Sociodemographic characteristics and occupational distribution

### **Understanding the Healthcare Job Market**

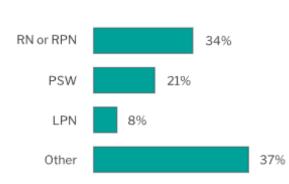
**Employment Rate:** About 76% of internationally educated health care professionals (IEHPs) aged 18 to 64 were employed, compared to 80% of Canadian-educated health care professionals (CEHPs).

**Field of Study:** The employment rate varied by field of study, with the highest rate among those who studied nursing (80%) and the lowest among those who studied dentistry (72%).

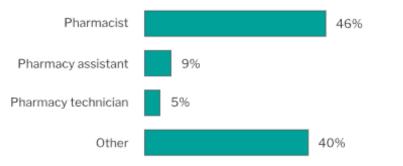
**Health Occupations:** Among employed IEHPs, 58% worked in health occupations. The proportion varied by field of study, with the highest among those who studied nursing (69%) and the lowest among those who studied dentistry (60%).

Statistics Canada: Internationally educated health care professionals in Canada: Sociodemographic characteristics and occupational distribution

### Top occupations of internationally educated health professionals who are employed in Canada, by field of study, 2021

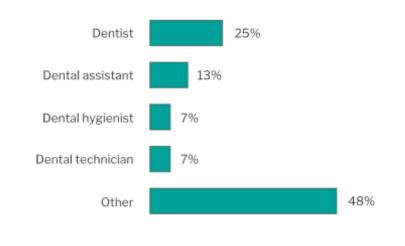


Studied nursing

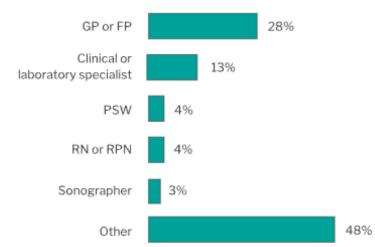


#### Studied pharmacy









Canadian Institute for Health Information: https://www.cihi.ca/en/the-state-of-the-health-workforce-in-canada-2022/internationally-educated-health-professionals

# **Challenges Faced by IEHPs**

Nearly half (47 percent) of immigrants with health care education and training are either unemployed or underemployed and unable to use their education and experience in Canada (Statistics Canada).

The licensing and career pathways for many IEHPs are fraught with barriers; many never return to their professions in Canada.

https://ocasi.org/

The outlook for Ontario's health care and social assistance sector remains positive for the 2023-2025. With a large number of retirements brought on in part by both an aging workforce and by the pandemic, the demand for physicians, nurses, and personal support workers is high.

Sectoral profile - Health Care and Social Assistance: Ontario 2023-2025 - Job Bank

# **Effective Communication in Job Search**

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- 1. First impressions matter
- 2. Showcasing skills and experience
- 3. Demonstrating professionalism
- 4. Tailoring to the job
- 5. Avoiding misunderstandings
- 6. Highlighting communication skills
- 7. Building confidence

# **Navigating Interviews**

- 1. Preparation
- 2. First impressions
- 3. Effective communication
- 4. Showcase your skills
- 5. Body language
- 6. Handling difficult questions
- 7. Follow up



# **Networking Strategies**



- 1. Networking opportunities
- 2. Genuine relationships
- 3. Social media
- 4. Networking events
- 5. Informational interviews
- 6. Professional groups
- 7. Mentorship

**Communication Culture in the Healthcare Sector** 



### **Norms and Expectations**



**Cultural Sensitivity in Communication** 



### **Norms and Expectations**

- 1. Patient centered communication
- 2. Interdisciplinary collaboration
- 3. Documentation standards
- 4. Formal and informal communication
- 5. Context



### **Cultural Sensitivity in Communication**

- 1. Understanding cultural differences and their impact on communication
- 2. Strategies for effective cross-cultural communication

Managing Healthcare Interactions Professionally



Best Practices for Verbal Communication



**Best Practices for Written Communication** 



**Culturally Sensitive Communication** 

### **Best Practices for Verbal Communication**

#### **1. Techniques for Clear and Effective Verbal Communication**

- Clarity and brevity
- ✓ Tone and pace
- ✓ Non-verbal cues
- 2. Active Listening Skills
- ✓ Full attention
- ✓ Reflective listening
- Empathy



### **Best Practices for Written Communication**



1. Writing Clear and Concise Emails and Reports

- Structure and organization
- Purpose and audience
- Proofreading
- 2. Documentation Standards in Healthcare
- Accuracy and Completeness
- Confidentiality
- Consistency

# **Culturally Sensitive Communication**

- 1. Communication is Respectful and Inclusive
- ✓ Cultural awareness
- ✓ Inclusive language
- ✓ Patient preferences
- 2. Difficult Conversations and Cultural Sensitivity
- Preparation
- ✓ Respect and empathy
- ✓ Conflict resolution



# SUMMARY



Communication as a Tool to Access the Healthcare Job Market



Communication Culture in the Healthcare Sector



Managing Healthcare Interactions Professionally

### **OVERVIEW OF LANGUAGE PROGRAMS**

Community ESL programs College EAP and ELTE programs

OSLT Courses

https://co-oslt.org/

### Thank you

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